

# A Dozen and One Ways to Use Feng Shui to Enhance Your Most Important Relationships

- ✓ **Chocolate Zeroes:** Listen to your own words.

Make sure you hear yourself speak sweet words aloud to your significant other something you appreciate about them *every day*. Tell others the good stuff too. With each sweet nothing you whisper, watch as your lover blossoms and glows!



- ✓ **Cherish Yourself:** Cherish yourself. Get your hair cut, shoes fixed, new satin lingerie, a toe ring, or whatever else you need to do to cherish yourself. If you won't cherish you, why should others?
- ✓ **Color Your World Rosy:** Legend has it that when Venus was born, roses appeared in the world with her. Add roses to your world with scent, color, or actual flowers. If you put the actual flowers in your bedroom, remove the thorns and keep them only as long as they're unquestionably fresh.
- ✓ **China, not Chinette:** Eat your meals on china, not paper or plastic. Set your table with a cloth, candles, and flowers. Dine rather than mindlessly consuming food in front of a television.
- ✓ **Dazzlers & Sparklers:** Wear diamonds, rubies, sapphires, and other precious or semi-precious gemstones next to your skin. Earth energy from these crystals cause our spirits to sparkle!
- ✓ **Strong Foundations:** If you sleep in a king-size bed with split box springs, your relationship is based on a split foundation. To reunite and strengthen your shared foundation, spread a length of red fabric across both halves of the box springs beneath your mattress to intentionally reunite them as one.
- ✓ **Promote Passion:** Fire energy contributes to the Earth energy of the Marriage and Relationship gua. What promotes passion? Choose from life's buffet and make sure to include these in your bedroom: candlelight, erotica, laughter, tactile delights like satin, 100% cotton, feathers, fur, scents, music,

and whatever else tickles your fancy.

- ✓ **One Word: Chocolate:** Chocolate actually *increases blood flow* and serotonin production in the brain.
- ✓ **Create Your Own Bathing Rituals:** When you are warm, relaxed, clean, and sweet-smelling, life is good. When your partner is warm, relaxed, clean, and sweet-smelling, life is better. When the two of you share your bathing ritual, life is at its best!
- ✓ **Mutual Massage:** Warm almond oil and locked doors. No technology. Enough said.
- ✓ **Make Play Dates:** Go *outside* and play together. You and your partner have different ideas about what is fun: golf, stargazing, dancing in the moonlight, concerts in the park, the zoo, sailing, fishing, paddleboats, picnics, bicycling, walks, go-cart races, bocce ball—anything you can do outdoors. Each of you write down things you'd like to do and put them in a **Oh Boy - Go for Joy! Jar**. Coordinate your play date and time and draw one of the slips of paper. Always take a camera and have someone take a picture of the two of you playing together. Frame those photos and sprinkle them throughout your home as constant reminders of how much you enjoy one another.
- ✓ **Kidnapping:** Invent an adventure and take your lover away from the mundane. If it's going to be overnight or longer, pack a bag for your lover and find someone to cover the kids, pets, etc. Let them know that you have a surprise planned and the times it will begin and end. Then, regardless of their begging and pleading, draw out the foreplay of mystery and refuse to reveal *anything* until the adventure begins. Ideas for kidnapping can be as simple as spending the night at a local hotel or as exotic as flying away to paradise. Where would *you* like to be kidnapped to?
- ✓ **Only You:** The photos in your bedroom should be of you and your significant other. No parents, kids, friends.

